



## Age-Friendly Calgary

Calgary's population is aging. To prepare for this demographic change, The City of Calgary partnered with older Calgarians, other levels of government, and members of the health, post-secondary, non-profit, and private sectors to develop a community-wide plan.

The **Seniors Age-Friendly Strategy** was approved by Calgary City Council in June 2015

The Seniors Age-Friendly Strategy identifies six local priority areas:

- **Access to information and services**
- **Community support and health**
- **Housing**
- **Participation and inclusion**
- **Prevention of and response to elder abuse**
- **Transportation and mobility**

Everyone has a part to play in helping make age-friendly communities. What can you do to help make Calgary a great place to live as we age?

## Community Support and Health

### What is the focus:

Community support and health services providers assist many older adults to maintain their health and independence as they age in the community.

### What we want to see:

- Older adults being able to choose to stay in their home as they age and as their health, safety, and the safety of the community permits
- Older adults being safe from preventable injury in their homes

### What we are doing:

- Ensuring that in-home support services are available and affordable
- Improving navigation and coordination among support services
- Supporting the development and implementation of a community response to housing and supports for vulnerable older adults
- Ensuring support is available for family caregivers
- Promoting education and training specific to the needs of older adults among those providing community support and health services
- Raising awareness about safety among older adults and their communities
- Raising awareness of the resources available to older adults to make safety improvements and accessibility modifications to their homes
- Advocating for policy changes to support home safety as people age
- Working with partners to improve hoarding support services

### What you can do:

Identify ways that your organization or business can contribute to creating an Age-Friendly Calgary. **Visit [Calgary.ca/agefriendly](http://Calgary.ca/agefriendly) to download the Seniors Age-Friendly Strategy and Implementation Plan 2015-2018 or call 311 to connect with current initiatives in the area of Prevention and Response to Elder Abuse.**