



## Disqualifying Medical Conditions



Calgary Fire Department Wellness Centre  
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Recruit Medical Requirements  
Last updated April 2023

The Recruit Medical assessment conducted at the Calgary Fire Department (CFD) references and follows the Principles set forth by the *National Fire Protection Association (NFPA) 1582 – Standard on Comprehensive Occupational Medical Program for Fire Departments, 2022 Edition*. A copy can be purchased from NPFA.org.

**Step 1:** Review your medical history with your Family Doctor early in your application process and if appropriate, obtain a Specialist Referral if any of the medical conditions listed below apply to you.

**Step 2:** If any of the medical conditions listed below apply to you, you will be required to submit a **letter of support from a Specialist** indicating that the pertinent criteria (outlined in Chapter 6) for the specific medical condition has been met. **Documentation of relevant test results will be required** to qualify for Recruit Training.

**Step 3:** If further details on medical conditions is required, you may refer to *NFPA 1582* for full details and exclusion criteria which is outlined in Chapter 6 – Medical Evaluation of Candidates and Chapter 9 – Essential Job Tasks.

### Important Notes:

1. It may take several months to secure an appointment with a Specialist; it is in your best interest to initiate this process with your Family Doctor early in your application.
2. Upon receiving a conditional job offer you will be scheduled for a Recruit Medical at the CFD Wellness Centre. Please inform the Wellness Centre of any relevant documentation and/or letters of support that you may have.
3. If you required a Specialist, it is strongly encouraged to see them within 6 months of your Fire Department Medical. **If your specialist medical is outside of 6 months, and the Physicians feel that the information provided isn't sufficient, you may be requested to obtain updated information at the time of your Fire Department Medical. This could delay the hiring process. Documentation and letters of support are your responsibility.**
4. Obtaining a letter of support from a Specialist does not guarantee acceptance into a Recruit Class as there are additional screening tests that you must pass as part of your Recruit Medical. Additionally, if the CFD Physicians deem there is cause for concern, you may be denied or deferred clearance from the Recruit Class that you are being assessed for, even if all *NFPA 1582* criteria are met.

Refer to the *NFPA 1582* Chapter 6 for the full list of medical conditions. Some examples that require further evaluation (diagnosed at any age) include, **but are not limited to:**

Diabetes mellitus	Gastrointestinal conditions
Blood clots or bleeding disorders	Urinary conditions
Neurological conditions or history of seizures	Spine and axial skeleton conditions
Cardiac conditions	Amputations
Respiratory Conditions	Psychiatric conditions
Cancer	Chemicals, drugs and certain medications
Eye, vision or hearing conditions	

**\*\*Asthma or any other significant lung conditions (diagnosed at any age) must meet criteria 6.4.1 and if applicable 6.4.1.1. Reactive airway disease requiring bronchodilator or corticosteroid therapy at least once in the previous 2 years will also be required to meet criteria 6.4.1 and 6.4.1.1.**

**Consult with your Family Doctor prior to contacting the Wellness Centre with any questions that you may have.**

Thank you,

CFD Wellness Physicians